



MITAKA CITY NEWS

July 1, 2017 No. 212

Published monthly by:
Mitaka Municipal Office, Tokyo
Edited by:
Secretariat and Public Relations Section
Mitaka Municipal Office
1-1-1, Nozaki, Mitaka, Tokyo 181-8555
Corporate Number: 8000020132047
Phone: 0422-45-1151
URL: <http://www.city.mitaka.tokyo.jp/foreign/english/index.html>
Mitaka City News, providing information on public services, lives and events of Mitaka City, is published on the 1st of every month.

Be Careful—It's Torrential Rain Season Again! Always Be Ready for Weather-Related Emergencies

Inquiries: Disaster Preparedness Section, Ext. 4512

The weather has tended to change suddenly in recent years, and localized torrential rains seem to be increasing. To keep sudden storm and flood damage to a minimum—and to protect yourself and your family—being prepared is of utmost importance. Please review your flood countermeasures and methods of obtaining the latest weather updates to prepare for an emergency.

■ Flood Countermeasures Checklist

▶ Check 1: Clean gutters and drains

Gutters and drains clogged with fallen leaves or trash could stop the flow of rainwater into the sewage pipes, so please clean them frequently.

▶ Check 2: Do not place items on top of gutters

Do not place items such as driveway blocks on top of gutters.

▶ Check 3: Check for high-risk locations in advance

◇ Use the Mitaka City Flood Hazard Map

It is a good idea to check the level of flood risk in the community where you live and in places you go to regularly, such as your workplace and the route you use to get to work or school. The city's flood hazard map is available at the Disaster Preparedness Section (Genki Creation Plaza 5F) and municipal office branches, and can also be downloaded from the city's website (**URL:** http://www.city.mitaka.tokyo.jp/c_service/034/034182.html).

▶ Check 4: Flood prevention using household objects

Use household objects to prevent shallow flooding (about 10 cm deep):

◇ Make simple water bags using plastic bags

Fill double-bag thick bags having a capacity of around 40 liters with water halfway, and then tie both the inner and outer bags. Placing these in cardboard boxes makes them more durable and easier to place.

◇ Use planters and plastic picnic sheets

Wrap a planter filled with soil with a plastic picnic sheet, and place it by your front door with no space in between.

■ If a Major Storm or Typhoon Is Approaching

◆ Check the Latest Weather Information

- Tokyo Amesh (bulletin on rain cloud movement and heavy rains in Tokyo and the surrounding areas)
URL: <http://tokyo-ame.jwa.or.jp/index.html>
- Japan Meteorological Agency High-resolution Precipitation Nowcasts (estimated amount of rainfall for the next hour, in five-minute increments)
URL: <http://www.jma.go.jp/en/highresorad/>
- Metropolitan Tokyo Comprehensive Flood Information System (bulletin on precipitation and the river water levels, with the Sengawa and Nogawa rivers as observation points)
URL: <http://www.kasen-suibo.metro.tokyo.jp/im/tsim0101g.html>

◆ Caution during Floods

◇ Evacuate to a high area

DO NOT evacuate to the basement. Since there is also a risk of becoming trapped in your car, please be careful.

◇ In some cases it is more dangerous to move late at night or during heavy rain

Check the latest updates and wait for rescue in a safe place.

◇ Do not go near manholes and gutters

If sewerage overflows, manhole covers may come off, and there is a danger that you may fall in.

◇ Beware of sewerage flowing in reverse

Sewerage may flow back into your bathroom or toilet, causing a flood indoors. To be on the safe side, you may want to place sandbags or water bags to block the drain.

An Easier Way to Manage Children's Immunization Schedules! Introducing "Yurikago Smile," a mobile service for mother and child health

Inquiries: Public Health Promotion Section, Ext. 4203

In July, Mitaka City started a mother and child health mobile service called Yurikago Smile (Japanese only) that offers various convenient functions. These functions include coordinating children's immunization schedules automatically and notifying people by e-mail as the immunization date draws near. Since there is no registration fee, please take advantage of this service. Yurikago Smile can be used via smartphones, feature phones and computers.

◆ Description of Services

◇ Automated immunization scheduling

Appropriate immunization schedules can be generated automatically by inputting your child's date of birth and sex. It is also easy to adjust the schedule as necessary, such as when your child becomes ill.

◇ Search for medical institutions

If you input your neighborhood, you can find information on the nearest medical institution.

◇ Notification e-mails

As the scheduled immunization date approaches, you will automatically receive a notification by e-mail, as well as information on health checkups for expectant mothers and child health checkups in a timely manner.

◇ Bulletins and Panels

Announcements from the city and information on epidemics will be posted. You can also check information about childcare and the schedule for childrearing classes easily.

◇ Other Functions

You can save records of your health checkups during pregnancy and your child's development (such as height and weight) in a graph format.

◆ Usage

Access the registration website (**URL:** <http://mitaka.city-hc.jp/>) and enter the required information to register.

Note: You can also use the matrix code on the right to access the registration page.



Check Your Health with Annual Special Health Checkups and Health Checkups for the Latter-Term Elderly

Inquiries: Public Health Promotion Section, Ext. 4213

Mitaka City offers special health checkups for those forty years of age and older who are enrolled in the Mitaka City National Health Insurance plan, and latter-term elderly health checkups to those who are enrolled in Latter-Term Elderly Health Insurance. These free health checkups are implemented to prevent lifestyle-related illnesses or at least detect them at an early stage. Since you can undergo a health checkup at 60 locations within Mitaka City free of charge, please take advantage of this service.

Checkup period: Those born between April and July: Until September 30 (checkup slips have been mailed in late April); those born between August and November: July 1 through November 30 (checkup slips have been mailed in late June); those born between December and March: October 1 through February 28, 2018 (checkup slips will be mailed in late September).

Eligibility: Special Health Checkup: Residents enrolled in National Health Insurance in Mitaka City, who will be between 40 and 75 years of age by March 31, 2018; Health Checkup for the Latter-Term Elderly: Residents enrolled in the Latter-Term Elderly Medical Insurance plan (must be enrolled in the insurance plan by April 1)

Application: Apply to a cooperating medical institution in Mitaka City (see the list of medical institutions enclosed with the checkup slip).

Note: If there is a change in your insurance membership or if you move out of Mitaka City before the checkup date, you will no longer be eligible for this exam. Those enrolled in the health insurance plan at their place of employment, and dependents of such, should inquire with the health insurance union they belong to. If you belong to a household that lives on welfare, please consult your case worker.

New Exhibit at the Osamu Dazai Literature Salon *Hannin* and *Nyoze Gamon*—The Last Masterpieces



From the collection of the Museum of Modern Japanese Literature

Inquiries: Osamu Dazai Literature Salon,
Tel: 0422-26-9150

Osamu Dazai wrote *Hannin*, which was published in January 1948, in his workroom near Mitaka Station, with Inokashira Park and Mitaka as the setting of the story. This exhibit will mainly feature copies of manuscripts and first editions of works from Dazai's later years, such as *Shayo* and *Hannin*. The exhibit will also spotlight *Nyoze Gamon* (pictured) in which Dazai, near death, criticizes Naoya Shiga by name. In addition, *Outo-ki Houmeicho*, donated by the family of Saihachiro Ono—Dazai's disciple—will be displayed for the first time.

Date and time: Until October 9 (national holiday), 10:00 a.m. to 5:30 p.m.
Closed: Mondays (if Monday is a national holiday, then the salon will be open on Monday and closed on Tuesday and Wednesday)
Location: Osamu Dazai Literature Salon (Gran Jardin Mitaka 1F, 3-16-14 Shimorenjaku)

New Special Exhibition at the Ghibli Museum, Mitaka!

“Delicious! Animating Memorable Meals”



© Museo d'Arte Ghibli © Studio Ghibli

The Mitaka Ghibli Museum's newest exhibition, “Delicious! Animating Memorable Meals,” started on May 27, spotlighting memorable meal scenes from Studio Ghibli works that remain strong in the minds of many. Lots of original animation drafts will be displayed as well as production reference materials that explain how an animation is made.

At the entrance of the exhibit room there will be a photo panel exhibit of memorable

meals, as well as sample menus. For those who have enjoyed these works, this area will be like living in a dream (pictured).

Another area will explain selected meal scenes, such as when Chihiro stuffs her mouth with a rice ball in *Spirited Away* and when Fio is drinking lemonade in *Porco Rosso*. This exhibit will explore Studio Ghibli's focus on quality, such as the techniques and skills used to make an unforgettable dining scene—including facial expressions and body language used to make the food appear delicious—and the artist's intentions.

In addition to meal scenes, many Studio Ghibli films also have scenes in which characters are preparing a meal. The re-creations of the kitchen in Satsuki and Mei's house from *My Neighbor Totoro* and the kitchen of the airship *Tiger Moth* from *Castle in the Sky* is another a spotlight of the exhibition.

A “Learning Dining” section will feature reference materials that were actually used when creating the movie.

Please enjoy the special secret of these scenes that make Studio Ghibli's movies so rich and vibrant.

Exhibition dates: Until May 2018 (subject to change)

Note: Admission to the museum is on a reservation basis. Tickets are obtainable by reserving the desired date and time at Lawson (for the general public) or at the Mitaka Tourist Information Center. (There is a special discount for those who live, go to school or work in Mitaka City, Musashino City, Koganei City and Nishitokyo City.)

Inquiries: Ghibli Museum Guidance Dial, Tel: 0570-055777 (9:00 a.m. to 6:00 p.m., except when the museum is closed; Japanese only), URL: <http://www.ghibli-museum.jp/>

Note: The museum is closed on Tuesdays. There are also winter holidays and other long-term closures.

The 40th Mitaka Commerce and Industry Festival

Inquiries: Mitaka Commerce and Industry Association, Tel: 0422-49-3111

This event takes place over two days and draws a large crowd every year. To commemorate the hundredth anniversary of Inokashira Onshi Park, the event will be held in the park. The festival is full of fun programs for the whole family, such as “Takumi-no-Waza” exhibit to introduce traditional skills in the city, stage performances, and refreshment booths.

City residents can vote at the event site for their favorite “TAKA-1 (Mitaka Select ONE)” products. TAKA-1 is a local brand born with the goal of promoting attractive products as well as products that even Mitaka residents may not be familiar with. Don't miss this opportunity!

Date and time: July 15 (Sat.) and 16 (Sun.), from 10:00 a.m. to 5:00 p.m.

Location: Inokashira Onshi West Park

Application: Simply come to the site during the event period.

Note: Please refrain from coming to the event by car.

Asahicho-dori Street Bicycle Parking Lot to Close

Inquiries: Road and City Traffic Management Section, Ext. 2883

The Asahicho-dori Street bicycle parking lot (3-23-3 Shimorenjaku) will be closing on Monday, July 31. After that date, please use another lot in the area, such as the Akatorii-dori Street bicycle parking lot (3-37-2 Shimorenjaku). We appreciate your understanding and cooperation, and apologize for the inconvenience.

Note: Bicycles parked in this parking lot after it closes will be removed.

Events of Mitaka City Sports and Culture Foundation

Mitaka City Arts Center, ☎ 0422-47-5122

Hours: 10:00 a.m. to 7:00 p.m.

Closed: July 3, 10, 18, 19, 24 and 31

HP <http://mitaka-art.jp/ticket> (Japanese only)

= A nursery service is available. (Please apply by July 15 [Sat.])

Mitaka City Arts Center Concert Hall “Kaze”

Tokyo Mitaka Philharmonia: The 75th Subscription Concert

July 29 (Sat.) from 3:00 p.m.



Ryusuke Numajiri

Tickets now on sale. All seats reserved.

Prices (tax included):

Members: S-seats: ¥5,400; A-seats: ¥4,500

Non-members: S-seats: ¥6,000; A-seats: ¥5,000

U-23 (23 years of age or younger): ¥3,500

Elementary to high school students in the city: ¥2,000 (Only if accompanied by a person who purchased member or nonmember tickets. Please reserve over the phone. Junior high school students and older should bring some form of identification to the event.)

Performed by:

Ryusuke Numajiri (music director, conductor and piano)

Tokyo Mitaka Philharmonia (orchestra)

Program:

Arthur Honegger: Summer Pastoral

Wolfgang Amadeus Mozart: Piano Concerto No. 18 in B-flat major, K456

Ludwig van Beethoven: Symphony No. 6 in F major, Op. 68 (Pastoral)

Since this year is the 190th anniversary of the death of Beethoven, this concert will spotlight the Pastoral Symphony, which he completed in the summer of 1808. It has been a decade since this work was last performed at our 43rd concert in 2007. Please come enjoy the rich orchestral sound of the Tokyo Mitaka Philharmonia with Ryusuke Numajiri as conductor.



Information

Information about Mitaka International Society for HOspitality



MISHOP Office

Days: Monday through Saturday (Closed on Sundays and national holidays)

Hours: 9:30 a.m. to 5:00 p.m.

Location: Mitaka City Chuo-Dori Town Plaza 4F, 3-30-12, Shimorenjaku 181-0013

Tel: 0422-43-7812 **Fax:** 0422-43-9966

E-mail: mishop@mishop.jp

URL: <http://www.mishop.jp/>

Established: November 23, 1989

Population and Number of Households As of June 1, 2017

Numbers in brackets are changes from previous month.

Number of Registered Residents 186,166 persons (+125)

Number of Households 92,932 households (+63)

